



## DAY 1 AT TAARUNYA '16, ZAKIR HUSAIN DELHI COLLEGE

On National Youth Day, 12th January 2016, The National Service Scheme (NSS) unit of Zakir Husain Delhi College, University of Delhi commenced its two day youth convention '**Taarunya'16**'. The day also marks the birth anniversary of Swami Vivekananda who is known for being a torch bearer of Indian values and practices; which formed the central theme of the convention.

Upon commencement, a brief documentary about the NSS and Zakir Husain Delhi College was played to enlighten the audience in every aspect. On first day itself, the convention secured enthusiastic student participation from various colleges across Delhi. The presence of chief guests Meenakshi Lekhi (Hon'ble Member of Parliament) and Swami Shantatmananda (Secretary of RamaKrishna Mission) proved pivotal for the promulgation of Taarunya.



*Ms. Meenakshi Lekhi*

The first session on day one comprised of welcome addresses by Mr. Mukesh Jain (NSS Program Officer) and Dr. R. Prabhakar Rao (Principal). Meenakshi Lekhi stressed on the importance of environment sustainability and cleanliness for the progress of our nation. Swami Shantatmananda counselled the students to wisely choose a role model as a base for their future and further implored the students to maintain a “never give up” approach to their every endeavor.

The last session, being a technical session, comprised of talks by four prominent speakers from various fields –

- Prof. Sushma Yadav, Chairman of Indian Institute of Public Administration
- Dronacharya Bhupender Dhawan, National Coach for Bodybuilding and Powerlifting
- Dr. Devesh Vijay, Associate Professor, Department of History, Zakir Husain Delhi College
- Dr. Shubnum Singh, CEO of Max Institute of Health Education and Research

The speakers shared their experiences and imparted a great deal of knowledge which was both inspiring and motivational.

The first day of the event came to an end by extending a vote of thanks to all speakers who were honored with a mementos. After witnessing a massive footfall and support on first day, expected participation on second day has augmented for sure.