



ZAKIR HUSAIN DELHI COLLEGE
PERSONAL TIME-TABLE FOR THE YEAR 2020-2021

NAME OF TEACHER:Dr. Sayema Ahmed.....

DEPARTMENT: PHYSICAL EDUCATION.....

Period		I	II	III	IV	V	VI	VII	VIII
Days		09:00 to 09:55	09:55 to 10:50	10:50 to 11:45	11:45 to 12:40	12:40 to 01:35	01:35 to 02:30	02:30 to 03:25	04:30 to 05:30
Mon.	Year & Course				2 nd Yr & B.A (H)	1 st yr & B.A (H)			
	Paper No./code				Generic Elective	12555101			Tutorial (Sem1)
	Period Type					Generic Elective			
	Room No. /Lab. No.								
Tue.	Year & Course				2 nd Yr & B.A (H)	1 st yr & B.A (H)			
	Paper No./code				Generic Elective	12555101			
	Period Type					Generic Elective			
	Room No. /Lab. No.								
Wed.	Year & Course				2 nd Yr & B.A (H)	1 st yr & B.A (H)			Tutorial (Sem2)
	Paper No./code				Generic Elective	12555101			
	Period Type					Generic Elective			
	Room No. /Lab. No.								
Thu.	Year & Course				2 nd Yr & B.A (H)	1 st yr & B.A (H)			Tutorial (Sem 1)
	Paper No./code				Generic Elective	12555101			
	Period Type					Generic Elective			
	Room No. /Lab. No.								
Fri.	Year & Course				2 nd Yr & B.A (H)	1 st yr & B.A (H)			Tutorial (Sem2)
	Paper No./code				Generic Elective	12555101			
	Period Type					Generic Elective			
	Room No. /Lab. No.								
Sat.	Year & Course								
	Paper No./code								
	Period Type								
	Room No. /Lab. No.								

Paper No./code	Year/semester	Paper Title	Name of Paper Incharge (Incase of Taught in Sharing)
12555101	1 st	Yoga and Stress Management	Dr. Sayema Ahmed
	4 th	Fitness and Exercise Management	Dr. Sayema Ahmed

Date: No. of Lectures: No. of Tutorials/Preceptorials /Prac

Signature

Teacher- In-charge **Teach**

