

Short-term Value-Added Certificate Course: NON-VIOLENT COMMUNICATION

COURSE DETAILS

IMPORTANT DETAILS

- A. Eligibility: Students pursuing education from the University of Delhi
- B. Application Fee: There is no application fee.
- C. Course Fee: Rs 300 (to be paid after selection)
- D. Course Duration: 3 Months (30 Hours)

SELECTION PROCEDURE

1. Candidates will be shortlisted on the basis of their response submitted in the application form.
2. Upon selection, candidates will be asked to pay an amount of Rs 300 (course fee) in order to secure their admission for the course.

COURSE STRUCTURE

Block 1: Why the need for Nonviolent Communication in the Contemporary Society?

- Unit 1.1 Importance of communication
- Unit 1.2 Unhealthy communication and its impact
- Unit 1.3 Forms of dysfunctional and violent communication in contemporary society
- Unit 1.4 Healthy communication and its impact

Block 2: Exploring Nonviolent Communication?

- Unit 2.1: Definition and explanation
- Unit 2.2: Gandhian Model of Nonviolent Communication
- Unit 2.3 Elements of Nonviolent Communication
- Unit 2.4 Constructing a Nonviolent Communication Ecosystem
 - A) Developing Nonviolent Communication Ecosystem within us
 - B) Nonviolent Communication Ecosystem for a cohesive society

Block 3: Different approaches to Nonviolent Communication

- 3.1: Indian tradition of Nonviolent Communication
- 3.4: Integrating peace linguistics as part of Nonviolent Communication

Block 4: Applying Nonviolent Communication in our daily lives

- 4.1: Relationship building
- 4.2: Nonviolent Communication for promotion of humanistic society
- 4.3 Resolution of disputes and conflicts
- 4.4: Anger Management
- 4.5: Reduction of Stress
- 4.6: Countering hate speech

Block 5: Nonviolent Communication in specific settings

5.1 Ecosystem: Educational Institutions

5.2: Workplace

5.3: Judiciary

5.4 Medical profession

5.5: Social Work and Volunteerism

5.6: Leadership and teambuilding

LEARNING OUTCOMES

- A. The learners shall be made acquainted with the need for Non-Violent Communication theory in contemporary society;
- B. The learner will be able to understand the different elements of Non-Violent Communication;
- C. The learner shall comprehend the different approaches to practice Non-Violent Communication;
- D. The learner will be able to analyze the importance of Non-Violent Communication in their daily lives and will be able to practice the same;
- E. After the completion of this course, the learner will be able to generate their knowledge in their specific professional fields. This would further help in creating a cohesive society.

FOR QUERIES, EMAIL US AT: gsczhdc.core@gmail.com