

Annual Report 2020-21

The English Literary Society in collaboration with the Students Mentorship Committee, organised a talk by Dr. Zebalda Restia Dkhar, Counselling Psychologist on the topic Be kind to your mind on the 4,h of July 2020 where she discussed the psychological impact of the Covid pandemic, coping mechanisms, thinking patterns and how to challenge irrational beliefs. A short relaxation exercise was then carried out followed by a Q&A session. On the 15th of January 2021, the English Literary Society organised a talk with Dr. Priya Mirza, Assistant Professor, Department of Political Science, Zakir Husain Delhi College the topic Athenian Democracy. The English Literary Society held a talk with Dr. Sweetha Saji, Assistant Professor, Department of English, Mount Carmel College Bangalore, on the topic Introducing Medical Humanities: Narrating Stories, Narrating Lives on the 12th of April 2021.