

GANDHI STUDY CIRCLE

Under the Aegis of Internal Quality Assurance Cell (IQAC)

**ZAKIR HUSAIN DELHI COLLEGE
(UNIVERSITY OF DELHI)**

and

**GANDHI SMRITI AND DARSHAN SAMITI
(MINISTRY OF CULTURE)**

INVITES APPLICATION FOR-

Value Added Certificate Course

On

NON-VIOLENT COMMUNICATION



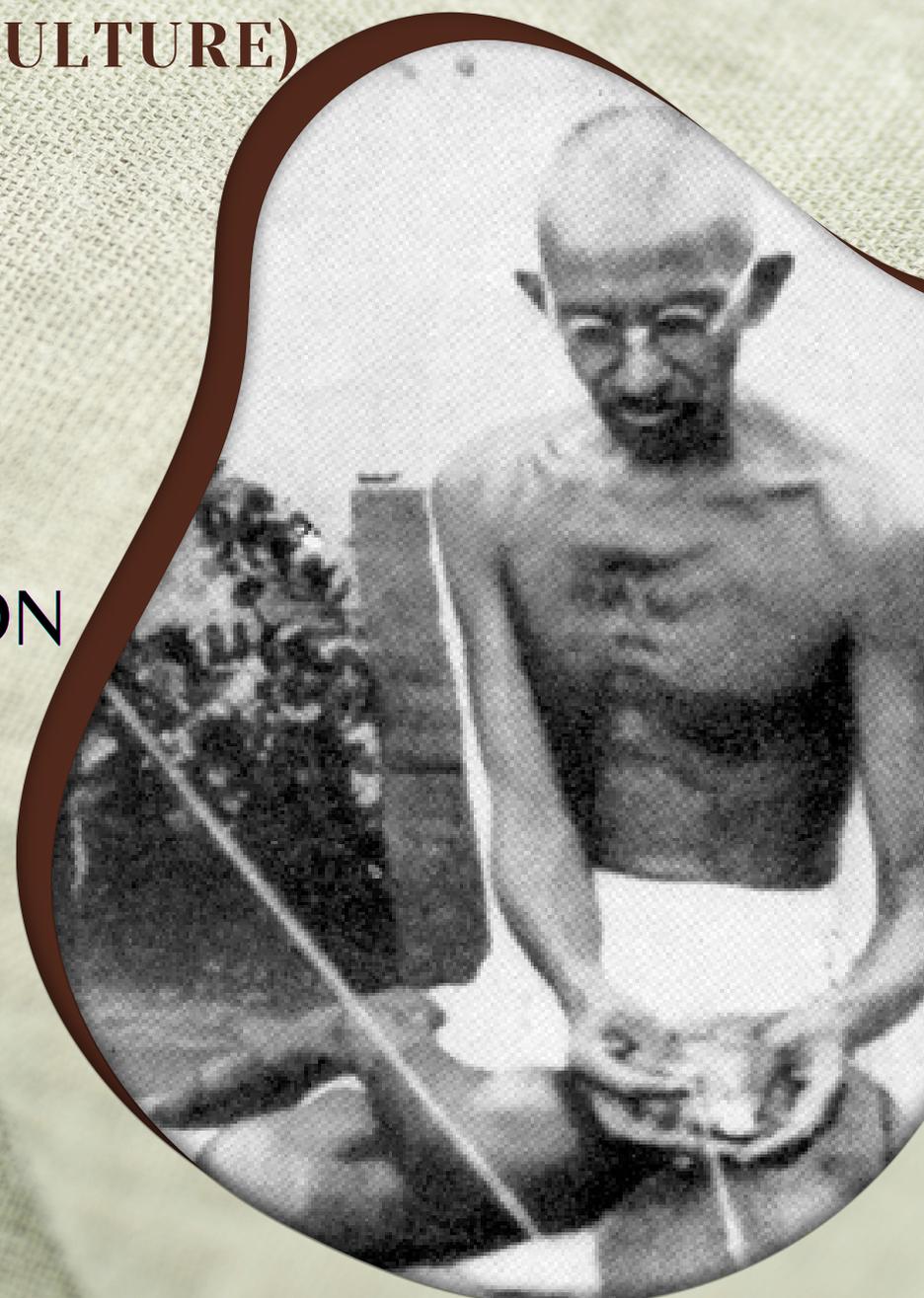
**LAST DATE TO APPLY-
10 DECEMBER 2023**



Tap the icon
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Certificate Course in Nonviolent Communication

Gandhi Smriti and Darshan Samiti and Zakir Hussain College, New Delhi

Course Structure

Total Lectures: Block 1: Why the need for Nonviolent Communication in the Contemporary Society?

Unit 1.1 Importance of communication

Unit 1.2 Unhealthy communication and its impact

Unit 1.3 Forms of dysfunctional and violent communication in contemporary society

Unit 1.4 Healthy communication and its impact

Block 2: Exploring Nonviolent Communication?

Unit 2.1: Definition and explanation

Unit 2.2: Gandhian Model of Nonviolent Communication

Unit 2.3 Elements of Nonviolent Communication

Unit 2.4 Constructing a Nonviolent Communication Ecosystem

A) Developing Nonviolent Communication Ecosystem within us

B) Nonviolent Communication Ecosystem for a cohesive society

Block 3: Different approaches to Nonviolent Communication

3.1: Indian tradition of Nonviolent Communication

3.4: Integrating peace linguistics as part of Nonviolent Communication

Block 4: Applying Nonviolent Communication in our daily lives

4.1: Relationship building

4.2: Nonviolent Communication for promotion of humanistic society

4.3 Resolution of disputes and conflicts

4.4: Anger Management

4.5: Reduction of Stress

4.6: Countering hate speech

Unit 5: Nonviolent Communication in specific settings

5.1 Ecosystem: Educational Institutions

5.2: Workplace

5.3: Judiciary

5.4 Medical profession

5.5: Social Work and Volunteerism

5.6: Leadership and teambuilding