



**ZAKIR HUSAIN DELHI COLLEGE**  
**(University of Delhi)**

**Faculty Details**

(Please Fill the form and Email it to [website@zh.du.ac.in](mailto:website@zh.du.ac.in))

<b>Title</b> Dr.	<b>First Name</b> Vandana	<b>Last Name</b> Sharma	<b>Photograph</b>
<b>Designation</b>	<b>Assistant Professor (Philosophy)</b>		
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<b>Educational Qualification</b>			
<b>Degree</b>	<b>Institution</b>	<b>Year</b>	
<b>Post Doctorate</b> (Post Doctoral Fellow-Indian Council of Social Science Research.)	Lal Bahadur Shastri Sanskrit Vidyapeeth, Delhi.	2021-2023	
<b>Ph.D, Philosophy</b> (JRF Indian Council of Philosophical Research)	Annamalai University, Tamil Nadu.	2016-2021	
<b>Certificate in Advanced Advaita Vedānta Darśana</b>	Chinmay Mission Foundation, Adi-Sankara Nilyam, Kerala.	2019-2020	
<b>Certificate in Yoga, Meditation and Prānāyāma</b>	Morarji Desai National Institute of Yoga, Delhi,	2015-2016	
<b>M.A Philosophy, Religion and Culture (Śaivism)</b>	Annamalai University, Tamil Nadu.	2013-2015	
<b>B.Sc Hotel Management, Culture and Tourism</b>	Soorya Institute of Hotel Management,	2005-2008	

### Career Profile

I am Dr. Vandana Sharma, currently serve as an Assistant Professor of Philosophy at Zakir Husain Delhi College, University of Delhi. My academic journey has been deeply rooted in the study of Indian philosophy, metaphysics, and environmental ethics. I completed my Post Doctorate as an ICSSR Fellow at Lal Bahadur Shastri Sanskrit Vidyapeeth, Delhi (2021-2023), focusing on Indian philosophical traditions and their contemporary relevance. My Ph.D. in Philosophy from Annamalai University, Tamil Nadu (2016-2021), supported by a Junior Research Fellowship from the Indian Council of Philosophical Research (ICPR), allowed me to delve into Advaita Vedānta and its ontological perspectives. Prior to that, I earned my M.A. in Philosophy, Religion & Culture (Śaivism) from Annamalai University (2013-2015), where I explored the intersections between Śaiva Siddhānta and Vedantic traditions. My undergraduate degree, a B.Sc. in Hotel Management, Culture & Tourism from Soorya Institute of Hotel Management, Pondicherry, Annamalai University (2005-2008), provided me with an interdisciplinary foundation that later influenced my research in ecotourism and sustainability.

Beyond my formal degrees, I have pursued specialized training in Indian philosophical thought and Yogic traditions. I obtained a Certificate in Advanced Advaita Vedānta Darśana from the Chinmaya Mission Foundation, Kerala (2019-2020), where I engaged in an in-depth study of Adi Śaṅkarācārya's teachings. Additionally, I completed a Certificate in Yoga, Meditation & Prāṇāyāma from Morarji Desai National Institute of Yoga, Delhi (2015-2016), integrating Yogic practices into my philosophical research on consciousness and holistic well-being.

My areas of specialization include Indian Metaphysics, particularly Advaita Vedānta, Śaiva Siddhānta, and Upanishadic non-dualism, focusing on concepts such as Brahman, Ātman, and Māyā. I have a keen interest in Indian Epistemology, analyzing Advaita theories of knowledge alongside Nyāya-Vaiśeṣika logic and Jaina Syādvāda. My research extends into Environmental Ethics and Eco-Philosophy, where I explore Vedic environmental principles, the sustainability ethics embedded in Dharmaśāstra, and the ecological significance of Yajña traditions. Additionally, I work on the Philosophy of Consciousness, examining Indian perspectives on Cit and Cidānanda in relation to contemporary cognitive science. My academic inquiries also include Comparative Indian Philosophy, Indian Aesthetics and Cultural Heritage, and the ethical frameworks of Ahimsā-darśana as reflected in Advaita Vedānta, Jainism, and Buddhist Karuṇā theory.

Throughout my career, I have actively contributed to academia through research, publications, and conference presentations. I have authored several books, including *Environmental Consciousness and the Nine Schools of Indian Philosophy*, *Nature's Wisdom: Indian Philosophical Insights*, and *Śaṅkara Vedānta for Environmental Harmony*, each reflecting my engagement with Indian philosophical traditions and their environmental applications. I have published extensively in peer-reviewed national and international journals on topics ranging from Vedic philosophy to contemporary environmental concerns. My research has been presented at esteemed platforms such as the XXV World Congress of Philosophy in Rome, the Dharma-Dhamma International Conference at Nalanda University, and the Asian Philosophical Congress.

In addition to my academic endeavors, I have organized and chaired national and international seminars, including discussions on Vedānta, Yogic philosophy, and

environmental sustainability. I have also led research projects, such as *Atharvaveda and Cultural Inheritance: A Comprehensive Study in View of Environmental Harmony*, supported by the Indian Institute of Advanced Studies, Shimla, and a project on the *Kedarnath Dhama 2013 Tragedy* under the Ministry of Culture. My commitment to philosophical discourse extends beyond academia into public engagement through media, podcasts, and online platforms, where I discuss the relevance of Indian thought in contemporary contexts. My goal is to bridge the wisdom of ancient Indian philosophy with modern challenges, fostering a deeper understanding of ecological consciousness, ethics, and spiritual well-being.

#### **Administrative Assignments**

As an administrative staff member, my key responsibilities include overseeing daily student attendance by maintaining detailed attendance registers and monitoring student presence, absences, and late arrivals. I am responsible for creating and updating marksheets and performance sheets, which involves compiling and organizing students' academic scores from various assessments. I meticulously document continuous assessments, recording students' ongoing performance in class participation, assignments, quizzes, and projects. Additionally, I handle the documentation of internal assessments, ensuring proper record-keeping of evaluation criteria, student performance, and feedback. My role requires me to maintain these records both digitally and in physical formats, making them readily accessible for faculty meetings, parent consultations, and administrative reviews. I ensure regular updates and backups of all documentation to maintain accuracy and facilitate smooth academic operations. Through careful attention to detail and systematic organization, I help maintain the integrity of student academic records and support the institution's educational objectives.

#### **Areas of Interest / Specialization**

1. **Indian Metaphysics (Ontological Studies)** – Specialization in Advaita Vedānta, Śaiva Siddhānta, and Upanishadic non-dualism, with a focus on concepts such as Brahman, Ātman, and Māyā.
2. **Indian Epistemology (Pramāṇa-śāstra)** – Analysis of Advaita epistemology, Nyāya-Vaiśeṣika logic, and Jaina Syādvāda with emphasis on means of knowledge (pramāṇa) and theories of perception and inference.
3. **Environmental Ethics and Eco-Philosophy** – Research on ecological harmony in Indian philosophical traditions, Vedic environmental ethics, and sustainability as framed within Dharmaśāstra and Yajña principles.
4. **Philosophy of Consciousness** – Investigation into Indian perspectives on consciousness (Cit and Cidānanda) in relation to contemporary cognitive science and phenomenology.
5. **Comparative Indian Philosophy** – Analytical study of the intersections and dialogues between various Indian philosophical traditions (Advaita, Dvaita, Śaivism, Jainism, Buddhism)
6. **Ethics and Non-Violence (Ahimsā-darśana)** – Philosophical engagement with Indian ethical systems, particularly in Advaita Vedānta, Jainism, and Buddhist Karuṇā theory.

7. **Indian Aesthetics and Cultural Heritage** – Study of Nāṭyaśāstra, temple architecture, and the metaphysical symbolism of Indian art forms within the framework of rasa and dhvani theories.
8. **Theory and Practice of Yoga** – Examination of Yogic philosophy from classical texts (Patañjali's *Yoga Sūtra*, Haṭha Yoga, and Vedāntic Yoga) alongside practical applications in meditation, prāṇāyāma, and mind-body integration for holistic well-being.

#### **Subjects Taught**

- Approaches to Indian Philosophy
- Textural Study of Indian Philosophy
- Indian Theories of Consciousness
- Theory and Practice of Yoga
- Fundamentals of Indian Philosophy
- Personality Development and Communication
- Eco-tourism and Entrepreneurship
- Philosophy of Mind
- Philosophy of Religion
- Critical Thinking

#### **Research Guidance**

#### **Publications Profile (Total Publications: 20)**

##### **Book Publications (Total: 4):**

1. **Environmental Consciousness and the Nine Schools of Indian Philosophy**  
ISBN: 9781527541122, October, 2023 Cambridge Scholar Publishing, London.
2. **Nature's Wisdom: Indian Philosophical Insights**  
ISBN:978819274434, November, 2022 Chaukhamba Sanskrit Prakashan, Varanasi.
3. **Śaṅkara Vedānta for Environmental Harmony**  
ISBN:9789391759698, July 2021 Motilal Banarasidass Publications, Delhi.
4. **Ādi Śaṅkarācārya's Praśnottara Ratna Mālīka**  
ISBN:9788184542240, January 2020 Original Publishers (LLP), 2020, Delhi.

##### **Encyclopedia Entry (Total 1):**

1. **The Panorama of Indian Philosophers and Thinkers**  
ISBN:9788180431722, Pg.447-455, April, 2023 Sanchi University of Buddhist and Indic Studies, Govt of Madhya Pradesh

##### **Proofreading :**

1. **Holistic Vision and Integral Living**  
**Author** S .R.Bhatt, Anand Rangarajan, V.V. Raman, Kashyap Vasavada , Subhash Kak, William Jackson, C. Stuart Daw, Paras Mal Ag rwa l , Bart Gruz a lski, B.D. Nageswara Rao, K.L. Seshagiri Rao, Joni Pa try, Utt am C. Mehta Krishna G.

Mantripragada , Vimal Patel, K.R. Sundarajan, T. S . Rukmani, Dharam Singh.  
Editor: Siddheshwar Rameshwar Bhatt ( S .R.Bhatt). ISBN: 978-8184542554 Low  
Price Publication, Delhi.

### **Research Paper Publications:**

#### **Scopus Listed:**

1. **Charvaka Darshan in View of Environmental Harmony**  
Philotheos International Journal of Philosophy and Theology, 2020  
ISSN: 2620-0163/Vol.20/ Issue-1, pp.129-133, Yearly Peer Reviewed  
**Online link:** <https://doi.org/10.5840/philotheos20202018>  
**Scopus Listed Journal:**  
<https://miar.ub.edu/indizadaen/1451-3455/scopus>  
**American Theological Library Association Listed:**  
<https://miar.ub.edu/indizadaen/1451-3455/atla>  
**Scopus Author Listing:**  
<https://www.scopus.com/authid/detail.uri?authorId=57211169912>
2. **Vedic Education: The Only Means to Realise Sarvam Khalu Idam Brahma.**  
Nebraska University, Lincoln, United States of America ISSN:1451-3455, Summer,  
18 July 2019, Impact Factor- 8.20, International Peer Reviewed  
**Online Link:**  
<https://digitalcommons.unl.edu/cgi/viewcontent.cgi?article=6104&context=libphilprac>

#### **Scopus Author Listing:**

<https://www.scopus.com/authid/detail.uri?authorId=57211169912>

3. **Rajadharma: The Indian Notion of Welfare State**  
India Foundation Journal (Jul-Aug, 2024), ISSN: 2347-1522/Vol.5/ Issue-4,  
pp.79-85, Peer Reviewed
4. **Going Beyond Misconceptions to Understand the Vedic Term ‘Bali’**India  
Foundation Journal (Jan-Feb, 2024), ISSN: 2347-1522/Vol.4/ Issue-5, pp.62-70,  
Peer Reviewed
5. **A Comprehensive Analysis of Upanishadic and Einsteinian Philosophy**  
India Foundation Journal (Sept-Oct, 2023), ISSN: 2347-1522/Vol.5/ Issue-6,  
pp.65-75, Peer Reviewed
6. **2013 Kedarnath Tragedy and the Post-calamity Eco-conscious Development**  
India Foundation Journal (May-Jun, 2023), ISSN: 2347-1522/Vol.4/ Issue-3,  
pp.67-66, Peer Reviewed
7. **Vedic Averments for Cosmic Tranquility**  
The Original Source (Oct to Dev 2021), ISSN: 2319-6297/Vol.5/ Issue-19,  
pp.229-239, Impact Factor-3.96, UGC Listed, Quarterly Peer Reviewed
8. **Yajna for Post-Covid Harmony Current Journal** (Oct to Dec 2020),  
ISSN:2348-6228/ Vol.10/ No.26, pp.155-159 Impact Factor-6.21, UGC Listed,  
International, Peer Reviewed

**9. A Contemporary Reinterpretation of Advaita-Vedānta Darśana in Order to Deal with Environmental Cacophony.**

Praman International Research Journal. ISSN: 2249–2976, Volume: 9, Issue: XI; Nov 2019, 6, Issue: 2; July-Dec 2019, pp.20- 26, Impact Factor-6.20, UGC Listed, International Peer Reviewed

**10. Environmental Consciousness Vs Environmental Protection**

Shodh Pravah (ISSN: 2249 –6742)Volume: 8, Issue: 3; July August 2019, Impact Factor- 5.82, UGC Listed, International Peer Reviewed

**Conference Organization/ Presentations (in the last five years)**

**Conferences/ Seminars Organized**

**1. Buddha’s Mahakaruna for Cosmic Harmony**

Zakir Husain Delhi College,  
April 12, 2024, National Seminar

**2. HINDUTVA-Not Just a Religion but a Cosmic Order for Universal Harmony**

Association of Indian Philosophers International  
23rd October 2021, International Webinar

**3. Sri Aurobindo on the Ideals of Humanity**

Association of Indian Philosophers International  
23rd October 2021, International Webinar

**Link:**

[https://tennews.in/dr-karan-singh-ram-madhav-explore-sri-aurobindos-vision-at-international-webinar/?fbclid=IwY2xjawIMREhleHRuA2FlbQIxMQABHc qQcfCWwmpP4Y-JTIWXdp8MDFgx8ErbdNkwtgS8PgXbxMySucqK5X54O A\\_aem\\_WZyNRFrr8qg1iCts1JU6nA&sfnsn=wiwspwa](https://tennews.in/dr-karan-singh-ram-madhav-explore-sri-aurobindos-vision-at-international-webinar/?fbclid=IwY2xjawIMREhleHRuA2FlbQIxMQABHc qQcfCWwmpP4Y-JTIWXdp8MDFgx8ErbdNkwtgS8PgXbxMySucqK5X54O A_aem_WZyNRFrr8qg1iCts1JU6nA&sfnsn=wiwspwa)

**4. Lord Buddha; An Epitome of Mahakaruna**

Association of Indian Philosophers International  
14, 15, 16 January 2021, International Webinar

**Link: <https://www.youtube.com/watch?v=PD3ofYYdAT0>**

**5. Shri Ram: An embodiment of Compassion**

Association of Indian Philosophers International  
22, 23, 24 December 2020, International Webinar

Link: <https://www.youtube.com/watch?v=muax4awvwQE>

**6. Ahimsa; The Foundation of Universal Compassion**

Association of Indian Philosophers International  
2, 3, 4 October 2020, International Webinar

**Presentations and Lectures :**

**1. Akhil Bhartiya Shadavali Parikshan**

Jawaharlal Nehru University  
February 01, 2024, Speaker.

- 2. ICPR, Indian Philosophies Presentt Perspectives and Problems**  
Hislop College, Nagpur,  
February 14, 2024, Guest Speaker.
- 3. A talk on Women in the Vedic Society**  
Vanita Vishram University, Gujrat,  
March 8,2023, Guest Speaker
- 4. Talk on Viksit Bharat @ 100 Days of Mann Ki Baat**  
Pandit Deendayal Upadhyay Indoor Stadium  
April 30, 2023, Speaker
- 5. Dharma and Santhigiri Movement**  
Jawaharlal Nehru University  
November 17-18, 2023, Paper Presenter.
- 6. The Yoga of Wisdom, Chapter-4 (Bhagwad Gita Sanidhya)**  
Sri Rama Krishna Knowledge Foundation, Gujrat,  
December 10,2023 Guest Speaker  
<https://www.youtube.com/watch?v=gTerRdh2pho>
- 7. The Yoga of Wisdom, Chapter-4 (Bhagwad Gita Sanidhya)**  
Sri Rama Krishna Knowledge Foundation, Gujrat,  
December 17,2023 Guest Speaker  
<https://www.youtube.com/watch?v=9aq44gkA5cE>
- 8. Harmony in Action: Bridging Education, Culture, Literature and Commerce for Sustainable Energy and Environmental stewardship**  
Centre for Excellence, Government College Sanjauli, Himachal Pardesh  
December 8-29 ,2023 Guest Speaker
- 9. Dharma Dhamma International Conference**  
Nalanda University, Bihar.  
2021 November 7 to 9 2021, Paper Presenter: Yajna for Post-Covid Harmony
- 10. Battling Covid Through Holistic Health**  
SACAR (Sri Aurobindo Centre for Academic Research), Pondicherry.  
June 18, 2020, Guest Speaker
- 11. Advaita Utsav (ICPR, ICCR, ICHR, IGNCA)**  
Haro Singh Gaur Vishvavidyalaya  
December 8-10, 20219, Paper Presenter
- 12. IGNCA Three Day Seminar on Bhartiya Shilp kala**  
IGNCA  
December 15, 20219, Attendee

#### **Research Projects (Major Grants/Research Collaboration)**

- 1. Kedarnath Dhama**  
Principal Researcher  
Central Sanskrit University,  
Ministry of Culture (2022-23)  
**To be Published by the National Book Trust of India**
- 2. Atharvaveda and Cultural Inheritance: A Comprehensive Study in View of Environmental Harmony**  
Indian Institute of Advanced Studies, Shimla  
Ministry of Education, 2023-2025  
<https://ias.ac.in/2023/08/26/dr-vandana-sharma/>  
**To be Published by Motilal Banarasidass Publishers, Delhi**

#### Awards and Distinctions

- 1. Received ‘The Svāmī Praavānanda Best Book of the Year Award 2019-20’ at the Asian-African Philosophical Congress and Indian Philosophical Congress 2020.**
- 2. Received letter of appreciation from “Dharmic Leela Committee” for outstanding Contribution to Bhartiya Gyan Parampara and Pashu Seva**

#### Association With Professional Bodies

- 1. Advisory Panel Member-CENTRAL Board of Film Certification**  
Ministry of Information and Broadcasting  
ID No. D-156
- 2. Member**  
Akhil Bhartiya Darshan Parishad  
<https://abdpindia.net/images/04112024.pdf>

#### Other Activities

##### Spreading Indian Philosophy through Electronic Media

- 1. Contemporary Relevance of Sanskrit**  
Language Curry  
Live, August 2020  
<https://www.youtube.com/watch?v=qPjx7JgJZ7g>
- 2. ICPR Representative for Shaivism on TV Debate**  
Zee TV, Kya Kehta Hai India  
Live, October 2020  
[https://youtu.be/DxvjuN2mB\\_A?si=2cgUNx568N6dfwO](https://youtu.be/DxvjuN2mB_A?si=2cgUNx568N6dfwO)
- 3. 93.5 Red FM**  
Talk on Advaita Vedanta  
Live, October 2020  
[https://drive.google.com/file/d/1GjlpvfQOnmBmsqSQYRIFohSXFkXv\\_jvr/view?usp=drivesdk](https://drive.google.com/file/d/1GjlpvfQOnmBmsqSQYRIFohSXFkXv_jvr/view?usp=drivesdk)

[https://drive.google.com/file/d/1GsqPhkCdOxm7t09\\_buhqQQGrHAT1eWXw/view?usp=drivesdk](https://drive.google.com/file/d/1GsqPhkCdOxm7t09_buhqQQGrHAT1eWXw/view?usp=drivesdk)

### **Workshops and Courses**

- 1. Ten Days Jaina Philosophy Workshop**  
International School of Jain Studies,  
Dec 27,2019 -Jan 07, 2020, Ahemdabad, Gujrat

### **Courses Conducted under Association of Indian Philosophers International**

- 1. Weakened Vedanta Course**  
Association of Indian Philosophers International  
March 30- March 28, 2023, Online
- 2. Weakened Darsana-SHAIVISM**  
Association of Indian Philosophers International  
May 04- May 26, 2023, Online