



ZAKIR HUSAIN DELHI COLLEGE
(University of Delhi)



NATIONAL SERVICE SCHEME

celebrates

INTERNATIONAL DAY OF

YOGA

YOGA FOR HEALTHY AGEING



21ST JUNE 2026



college terrace

7:00A.M.



Shri Nami Chand Ji
Resource Person



Prof. Surendra Singh
University of Delhi
Chief Guest



Prof. Narendra Singh
Principal ZHDC

Prof. Swati Aggarwal
NSS programme officer

